

DubH @ CRK - 10/13/2009

Results

Event 1 Girls 200 Yard Medley Relay Junior Varsity

| ===== | | | | |
|------------------------|-------|-----------------------|-------|---------------|
| School | | | Seed | Finals Points |
| ===== | | | | |
| 1 Cedar Rapids Kennedy | 'A' | | NT | 2:20.20 8 |
| 1) Heaton, Brooke | FR | 2) Sickles, Sarah | SO | |
| 3) Yirkovsky, Chelsey | SO | 4) Schmeiser, Jessica | FR | |
| 36.79 | 40.42 | 35.46 | 27.53 | |
| 2 Dubuque Heampstead | 'A' | | NT | 2:20.75 4 |
| 1) Stender, Emily | | 2) Fransen, Holly | | |
| 3) Cram, Ellen | | 4) Albrecht, Jordan | | |
| 35.88 | 41.48 | 32.89 | 30.50 | |
| 3 Dubuque Heampstead | 'B' | | NT | 2:26.57 2 |
| 1) Donovan, Alaina | | 2) Mitchell, Allison | | |
| 3) Rome, Jackie | | 4) Glover, Kirsten | | |
| 36.23 | 41.72 | 36.45 | 32.17 | |
| 4 Cedar Rapids Kennedy | 'B' | | NT | 2:34.17 |
| 1) Rowan, Jessica | SO | 2) Banes, Brianna | FR | |
| 3) Brandt, Rachel | FR | 4) Snodgrass, Ada | FR | |
| 40.44 | 42.91 | 40.52 | 30.30 | |
| 5 Cedar Rapids Kennedy | 'C' | | NT | 2:39.12 |
| 1) Sheyko, Katherine | FR | 2) Roehr, Kristi | SR | |
| 3) Kiley, Brittany | JR | 4) Price, Ayla | FR | |
| 43.74 | 42.64 | 40.00 | 32.74 | |
| 6 Dubuque Heampstead | 'C' | | NT | 2:41.00 |
| 1) Konrardy, Ellyn | | 2) Berns, Kelsie | | |
| 3) Yager, Paige | | 4) Hintz, Laura | | |
| 44.53 | 44.01 | 38.16 | 34.30 | |

Event 2 Girls 200 Yard Medley Relay Varsity

| School | Seed | Finals | Points |
|----------------------------|--------------------------|---------|--------|
| 1 Cedar Rapids Kennedy 'A' | NT | 1:55.86 | 8 |
| 1) McCoy, Carmen JR | 2) Harris, Ashley SR | | |
| 3) Scharmer, Alexandra SO | 4) VonAhsen, Kylee JR | | |
| 29.96 | 32.41 | 27.87 | 25.62 |
| 2 Cedar Rapids Kennedy 'B' | NT | 2:00.71 | 4 |
| 1) McCoy, Henna FR | 2) Jacobsen, Amanda FR | | |
| 3) Muir, Jordan SO | 4) Ross, Valerie JR | | |
| 31.13 | 33.79 | 29.26 | 26.53 |
| 3 Dubuque Heampstead 'A' | NT | 2:03.85 | 2 |
| 1) Slagel, Clare | 2) Slagel, Lauren | | |
| 3) Koerperich, Hannah | 4) Koerperich, Hailey | | |
| 30.13 | 34.45 | 31.88 | 27.39 |
| 4 Cedar Rapids Kennedy 'C' | NT | 2:10.44 | |
| 1) Rathjens, Tanner FR | 2) Kindig, Allison JR | | |
| 3) Hamilton, Katie SR | 4) Altschwager, Deena SR | | |
| 32.64 | 37.97 | 30.97 | 28.86 |
| 5 Dubuque Heampstead 'B' | NT | 2:12.40 | |
| 1) Schill, Morgan | 2) Kalb, MaKenzie | | |
| 3) Herrig, Jill | 4) Meyer, Mickey | | |
| 34.45 | 37.64 | 31.09 | 29.22 |
| 6 Dubuque Heampstead 'C' | NT | 2:17.04 | |
| 1) Hall, Elisabeth | 2) Yager, Erika | | |
| 3) Johnson, Erica | 4) Berns, Katie | | |
| 35.25 | 41.77 | 29.54 | 30.48 |

Event 3 Girls 200 Yard Freestyle Junior Varsity

| Name | Year School | Seed | Finals | Points |
|------|-------------|------|--------|--------|
|------|-------------|------|--------|--------|

| | | | | | | |
|---|---------------------|-------|------------|-------|---------|---|
| 1 | Hahn, Alyssa | | Mustangs | NT | 2:26.54 | 6 |
| | 32.73 | 36.53 | 38.28 | 39.00 | | |
| 2 | Breithaupt, Natalie | | Mustangs | NT | 2:31.87 | 4 |
| | 34.18 | 37.60 | 39.95 | 40.14 | | |
| 3 | Beecher, Mary | | Mustangs | NT | 2:40.78 | 3 |
| | 36.74 | 40.06 | 42.09 | 41.89 | | |
| 4 | Banes, Brianna | | FR Cougars | NT | 2:47.83 | 2 |
| | 34.57 | 41.32 | 45.97 | 45.97 | | |
| 5 | Hauptmann, Bronte | | FR Cougars | NT | 2:52.69 | 1 |
| | 35.54 | 42.98 | 46.65 | 47.52 | | |
| 6 | Graves, April | | FR Cougars | NT | 3:25.65 | |
| | 44.49 | 52.57 | 52.85 | 55.74 | | |

Event 4 Girls 200 Yard Freestyle Varsity

| Name | Year | School | Seed | Finals | Points | |
|------|--------------------|--------|------------|--------|---------|---|
| 1 | Pape, Katie | | Mustangs | NT | 2:13.85 | 6 |
| | 31.01 | 33.80 | 34.62 | 34.42 | | |
| 2 | Taylor, Quinn | | FR Cougars | NT | 2:13.93 | 4 |
| | 30.71 | 34.71 | 34.87 | 33.64 | | |
| 3 | Meade, Lindsay | | JR Cougars | NT | 2:14.46 | 3 |
| | 31.56 | 34.38 | 35.14 | 33.38 | | |
| 4 | Cram, Erin | | Mustangs | NT | 2:14.49 | 2 |
| | 31.12 | 34.16 | 35.12 | 34.09 | | |
| 5 | Altschwager, Deena | | SR Cougars | NT | 2:25.63 | 1 |
| | 33.56 | 37.26 | 37.87 | 36.94 | | |
| 6 | Holmes, Brittany | | Mustangs | NT | 2:27.80 | |
| | 34.38 | 38.30 | 38.27 | 36.85 | | |

Event 5 Girls 200 Yard IM Junior Varsity

| Name | Year | School | Seed | Finals | Points |
|----------------------|-------|------------|---------|---------|--------|
| 1 Weires, Natalie | | Mustangs | NT | 2:54.66 | 6 |
| | 39.08 | 45.60 | 50.00 | 39.98 | |
| 2 Yirkovsky, Chelsey | | SO Cougars | NT | 2:57.18 | 4 |
| | 36.04 | 43.55 | 59.49 | 38.10 | |
| 3 Fransen, Holly | | Mustangs | NT | 2:57.34 | 3 |
| | 38.76 | 49.92 | 49.93 | 38.73 | |
| 4 Yirkovsky, Morgan | | SO Cougars | NT | 3:05.59 | 2 |
| | 37.59 | 45.80 | 1:00.74 | 41.46 | |
| 5 Breithaupt, Nicole | | Mustangs | NT | 3:08.06 | 1 |
| | 39.13 | 46.90 | 56.96 | 45.07 | |
| 6 Brandt, Rachel | | FR Cougars | NT | 3:15.09 | |
| | 42.59 | 51.25 | 1:00.37 | 40.88 | |

Event 6 Girls 200 Yard IM Varsity

| Name | Year | School | Seed | Finals | Points |
|--------------------|-------|------------|-------|---------|--------|
| 1 McCoy, Carmen | | JR Cougars | NT | 2:25.36 | 6 |
| | 32.54 | 37.25 | 43.43 | 32.14 | |
| 2 Slagel, Lauren | | Mustangs | NT | 2:26.51 | 4 |
| | 33.22 | 39.07 | 41.17 | 33.05 | |
| 3 Rathjens, Tanner | | FR Cougars | NT | 2:35.53 | 3 |
| | 36.36 | 38.42 | 47.39 | 33.36 | |
| 4 Schill, Morgan | | Mustangs | NT | 2:36.71 | 2 |
| | 35.17 | 38.66 | 46.03 | 36.85 | |
| 5 Harris, Maddy | | FR Cougars | NT | 2:42.88 | 1 |
| | 35.68 | 41.04 | 50.34 | 35.82 | |
| 6 Yager, Erika | | Mustangs | NT | 2:43.36 | |
| | 34.07 | 41.82 | 48.83 | 38.64 | |

Event 7 Girls 50 Yard Freestyle Junior Varsity

| Name | Year School | Seed | Finals | Points |
|----------------------|-------------|------|--------|--------|
| 1 Schmeiser, Jessica | FR Cougars | NT | 28.63 | 6 |
| 2 Johnson, Erica | Mustangs | NT | 29.85 | 4 |
| 3 Brause, Amanda | JR Cougars | NT | 29.97 | 3 |
| 4 Albrecht, Jordan | Mustangs | NT | 31.20 | 2 |
| 5 Berns, Katie | Mustangs | NT | 31.34 | 1 |
| 6 Yirkovsky, Morgan | SO Cougars | NT | 31.59 | |

Event 8 Girls 50 Yard Freestyle Varsity

| Name | Year School | Seed | Finals | Points |
|----------------------|-------------|------|--------|--------|
| 1 VonAhsen, Kylee | JR Cougars | NT | 26.16 | 6 |
| 2 Ross, Valerie | JR Cougars | NT | 27.13 | 4 |
| 3 Koerperich, Hailey | Mustangs | NT | 28.06 | 3 |
| 4 McCoy, Henna | FR Cougars | NT | 28.45 | 2 |
| 5 Koerperich, Hannah | Mustangs | NT | 28.52 | 1 |
| 6 Herrig, Jill | Mustangs | NT | 28.95 | |

Event 10 Girls 1 mtr Diving Varsity

| Name | Year School | Seed | Finals | Points |
|--------------------|-------------|------|--------|--------|
| 1 Hayes, Liz | JR Cougars | NT | 219.60 | 6 |
| | | | 219.60 | |
| 2 Schott, Savannah | SR Cougars | NT | 219.55 | 4 |
| | | | 219.55 | |
| 3 Hanson, Amy | JR Cougars | NT | 153.30 | 3 |
| | | | 153.30 | |
| 4 Holmes, Brittany | Mustangs | NT | 151.45 | 2 |

151.45

5 Thor, Katie Mustangs NT 111.30 1

111.30

6 Morrison, Monica Mustangs NT 92.50

92.50

Event 11 Girls 100 Yard Butterfly Junior Varsity

=====

| Name | Year | School | Seed | Finals | Points |
|------|------|--------|------|--------|--------|
|------|------|--------|------|--------|--------|

=====

1 Kindig, Allison JR Cougars NT 1:15.73 6

33.37 42.36

2 Weires, Natalie Mustangs NT 1:20.75 4

36.73 44.02

3 Lessei, Savanna Mustangs NT 1:21.29 3

37.65 43.64

4 Yirkovsky, Chelsey SO Cougars NT 1:24.76 2

37.85 46.91

5 Hahn, Alyssa Mustangs NT 1:24.80 1

36.23 48.57

6 Brandt, Rachel FR Cougars NT 1:34.79

43.33 51.46

Event 12 Girls 100 Yard Butterfly Varsity

=====

| Name | Year | School | Seed | Finals | Points |
|------|------|--------|------|--------|--------|
|------|------|--------|------|--------|--------|

=====

1 Scharmer, Alexandra SO Cougars NT 1:03.82 6

29.15 34.67

2 Cram, Erin Mustangs NT 1:08.86 4

32.23 36.63

3 Muir, Jordan SO Cougars NT 1:09.64 3

| | | | | | |
|-------|-----------------|----|----------|----|-----------|
| 31.32 | 38.32 | | | | |
| 4 | Hamilton, Katie | SR | Cougars | NT | 1:10.81 2 |
| 33.09 | 37.72 | | | | |
| 5 | Yager, Erika | | Mustangs | NT | 1:12.19 1 |
| 33.17 | 39.02 | | | | |
| 6 | Cram, Ellen | | Mustangs | NT | 1:16.30 |
| 35.23 | 41.07 | | | | |

Event 13 Girls 100 Yard Freestyle Junior Varsity

| Name | Year | School | Seed | Finals | Points |
|----------------------|-------|----------|------|---------|--------|
| 1 Johnson, Erica | | Mustangs | NT | 1:06.28 | 6 |
| 32.22 | 34.06 | | | | |
| 2 Berns, Katie | | Mustangs | NT | 1:11.21 | 4 |
| 32.98 | 38.23 | | | | |
| 3 Snodgrass, Ada | FR | Cougars | NT | 1:12.68 | 3 |
| 34.48 | 38.20 | | | | |
| 4 Brousard, Kerry | FR | Cougars | NT | 1:12.76 | 2 |
| 35.50 | 37.26 | | | | |
| 5 Jacobs, Courtney | FR | Cougars | NT | 1:15.35 | 1 |
| 35.84 | 39.51 | | | | |
| 6 Breithaupt, Nicole | | Mustangs | NT | 1:17.96 | |
| 36.29 | 41.67 | | | | |

Event 14 Girls 100 Yard Freestyle Varsity

| Name | Year | School | Seed | Finals | Points |
|-------------------|-------|----------|------|---------|--------|
| 1 VonAhsen, Kylee | JR | Cougars | NT | 58.32 | 6 |
| 28.18 | 30.14 | | | | |
| 2 Pape, Katie | | Mustangs | NT | 1:01.33 | 4 |
| 29.13 | 32.20 | | | | |

| | | | | | |
|---|--------------------|------------|----|---------|---|
| 3 | Prouty, Brooke | SR Cougars | NT | 1:02.15 | 3 |
| | 28.89 | 33.26 | | | |
| 4 | Koerperich, Hailey | Mustangs | NT | 1:04.95 | 2 |
| | 31.44 | 33.51 | | | |
| 5 | Altschwager, Deena | SR Cougars | NT | 1:05.21 | 1 |
| | 31.75 | 33.46 | | | |
| 6 | Hall, Elisabeth | Mustangs | NT | 1:05.66 | |
| | 29.90 | 35.76 | | | |

Event 15 Girls 500 Yard Freestyle Junior Varsity

| Name | Year | School | Seed | Finals | Points |
|-----------------------|-------|----------|-------|---------|--------|
| 1 Harris, Maddy | FR | Cougars | NT | 6:17.42 | 6 |
| | 32.41 | 36.45 | 37.53 | 37.64 | 38.36 |
| | | 38.81 | 39.33 | 39.88 | |
| | 38.96 | 38.05 | | | |
| 2 Schmeiser, Jessica | FR | Cougars | NT | 6:34.92 | 4 |
| | 33.86 | 38.79 | 40.35 | 40.73 | 40.37 |
| | | 41.28 | 41.27 | 40.59 | |
| | 40.70 | 36.98 | | | |
| 3 Sickles, Sarah | SO | Cougars | NT | 6:48.24 | 3 |
| | 35.31 | 39.18 | 41.40 | 41.78 | 41.71 |
| | | 42.43 | 42.75 | 42.97 | |
| | 42.54 | 38.17 | | | |
| 4 Beecher, Mary | | Mustangs | NT | 6:54.49 | 2 |
| | 36.76 | 39.96 | 42.75 | 42.68 | 42.18 |
| | | 42.01 | 42.87 | 42.47 | |
| | 42.59 | 40.22 | | | |
| 5 Stender, Emily | | Mustangs | NT | 6:56.65 | 1 |
| | 34.87 | 40.88 | 42.45 | 43.14 | 42.49 |
| | | 42.31 | 43.58 | 43.18 | |
| | 43.28 | 40.47 | | | |
| 6 Breithaupt, Natalie | | Mustangs | NT | 6:57.54 | |
| | 36.40 | 40.58 | 42.46 | 42.86 | 42.82 |
| | | 42.72 | 43.39 | 43.33 | |
| | 43.16 | 39.82 | | | |

Event 16 Girls 500 Yard Freestyle Varsity

| Name | Year | School | Seed | Finals | Points |
|----------------------|-------|------------|-------|---------|--------|
| 1 Slagel, Clare | | Mustangs | NT | 5:32.12 | 6 |
| 29.63 | 32.80 | 33.94 | 33.82 | 33.88 | 33.81 |
| 33.51 | 34.11 | | | | |
| 33.82 | 32.80 | | | | |
| 2 Taylor, Quinn | | FR Cougars | NT | 5:54.54 | 4 |
| 31.44 | 35.01 | 36.02 | 35.99 | 35.72 | 35.69 |
| 36.35 | 36.48 | | | | |
| 36.53 | 35.31 | | | | |
| 3 Boomershine, Molly | | SR Cougars | NT | 6:10.45 | 3 |
| 33.58 | 35.95 | 36.78 | 37.30 | 37.50 | 38.23 |
| 38.19 | 38.26 | | | | |
| 38.11 | 36.55 | | | | |
| 4 Rathjens, Tanner | | FR Cougars | NT | 6:12.51 | 2 |
| 32.44 | 36.32 | 37.62 | 37.81 | 37.73 | 38.74 |
| 38.69 | 38.43 | | | | |
| 38.67 | 36.06 | | | | |
| 5 Kalb, MaKenzie | | Mustangs | NT | 6:22.79 | 1 |
| 33.29 | 36.77 | 38.62 | 39.11 | 39.05 | 39.85 |
| 39.30 | 39.93 | | | | |
| 39.35 | 37.52 | | | | |
| 6 Meyer, Mickey | | Mustangs | NT | 6:37.33 | |
| 32.91 | 38.80 | 41.16 | 40.81 | 41.65 | 41.65 |
| 41.50 | 40.59 | | | | |
| 40.43 | 37.83 | | | | |

Event 17 Girls 200 Yard Freestyle Relay Junior Varsity

| School | Seed | Finals | Points |
|----------------------------|-------|---------|--------|
| 1 Cedar Rapids Kennedy 'A' | NT | 2:05.56 | 8 |
| 1) Kiley, Brittany JR | | | |
| 2) Sickles, Sarah SO | | | |
| 3) Yirkovsky, Morgan SO | | | |
| 4) Yirkovsky, Chelsey SO | | | |
| 32.85 | 31.11 | 31.93 | 29.67 |
| 2 Dubuque Heampstead 'A' | NT | 2:06.12 | 4 |
| 1) Hahn, Alyssa | | | |
| 2) Glover, Kirsten | | | |

| | | | | | | |
|----------------------------|------------------------|-------|-------|----|---------|---|
| 3) Fransen, Holly | 4) Stender, Emily | | | | | |
| 31.73 | 31.86 | 31.16 | 31.37 | | | |
| 3 Cedar Rapids Kennedy 'B' | | | | NT | 2:09.54 | 2 |
| 1) Brousard, Kerry FR | 2) Jacobs, Courtney FR | | | | | |
| 3) Rowan, Jessica SO | 4) Snodgrass, Ada FR | | | | | |
| 33.21 | 34.39 | 31.05 | 30.89 | | | |
| 4 Dubuque Heampstead 'B' | | | | NT | 2:15.01 | |
| 1) Breithaupt, Natalie | 2) Hintz, Laura | | | | | |
| 3) Konrardy, Ellyn | 4) Mitchell, Allison | | | | | |
| 33.94 | 34.21 | 32.76 | 34.10 | | | |
| 5 Cedar Rapids Kennedy 'C' | | | | NT | 2:17.73 | |
| 1) Price, Ayla FR | 2) Brandt, Rachel FR | | | | | |
| 3) Roehr, Kristi SR | 4) Hansel, Arrien JR | | | | | |
| 34.16 | 35.50 | 32.70 | 35.37 | | | |
| 6 Dubuque Heampstead 'C' | | | | NT | 2:21.86 | |
| 1) Treanor, Amanda | 2) Hovind, Amanda | | | | | |
| 3) Millius, Heidi | 4) Smith, Bethany | | | | | |
| 35.70 | 35.91 | 35.43 | 34.82 | | | |

Event 18 Girls 200 Yard Freestyle Relay Varsity

| School | Seed | Finals Points | | |
|----------------------------|-----------------------|---------------|-------|--|
| 1 Cedar Rapids Kennedy 'A' | NT | 1:47.50 | 8 | |
| 1) Prouty, Brooke SR | 2) Meade, Lindsay JR | | | |
| 3) Ross, Valerie JR | 4) Harris, Ashley SR | | | |
| 27.51 | 27.10 | 26.53 | 26.36 | |
| 2 Dubuque Heampstead 'A' | NT | 1:51.95 | 4 | |
| 1) Koerperich, Hailey | 2) Koerperich, Hannah | | | |
| 3) Cram, Erin | 4) Pape, Katie | | | |
| 28.62 | 28.08 | 27.89 | 27.36 | |
| 3 Cedar Rapids Kennedy 'B' | NT | 1:53.85 | 2 | |

| | | | |
|------------------------|-------|-----------------------|---------|
| 1) Jacobsen, Amanda | FR | 2) Muir, Jordan | SO |
| 3) Kindig, Allison | JR | 4) Taylor, Quinn | FR |
| 28.46 | 27.84 | 28.51 | 29.04 |
| 4 Dubuque Heampstead | 'B' | NT | 1:56.59 |
| 1) Schill, Morgan | | 2) Herrig, Jill | |
| 3) Johnson, Erica | | 4) Meyer, Mickey | |
| 29.67 | 28.40 | 28.98 | 29.54 |
| 5 Cedar Rapids Kennedy | 'C' | NT | 1:58.16 |
| 1) Brause, Amanda | JR | 2) Hamilton, Katie | SR |
| 3) Harris, Maddy | FR | 4) Boomershine, Molly | SR |
| 30.12 | 29.65 | 29.42 | 28.97 |
| 6 Dubuque Heampstead | 'C' | NT | 2:04.23 |
| 1) Berns, Katie | | 2) Weires, Natalie | |
| 3) Breithaupt, Natalie | | 4) Holmes, Brittany | |
| 31.45 | 30.95 | 30.20 | 31.63 |

Event 19 Girls 100 Yard Backstroke Junior Varsity

| Name | Year | School | Seed | Finals | Points |
|-------------------|-------|----------|------|---------|--------|
| 1 Hamilton, Katie | SR | Cougars | NT | 1:10.03 | 6 |
| 33.89 | 36.14 | | | | |
| 2 Cram, Ellen | | Mustangs | NT | 1:19.45 | 4 |
| 38.66 | 40.79 | | | | |
| 3 Donovan, Alaina | | Mustangs | NT | 1:20.07 | 3 |
| 38.74 | 41.33 | | | | |
| 4 Heaton, Brooke | FR | Cougars | NT | 1:22.51 | 2 |
| 39.99 | 42.52 | | | | |
| 5 Rome, Jackie | | Mustangs | NT | 1:27.31 | 1 |
| 42.63 | 44.68 | | | | |
| 6 Roehr, Kristi | SR | Cougars | NT | 1:28.24 | |
| 42.79 | 45.45 | | | | |

Event 20 Girls 100 Yard Backstroke Varsity

| Name | Year | School | Seed | Finals | Points |
|-----------------------|-------|----------|------|---------|--------|
| 1 Slagel, Clare | | Mustangs | NT | 1:03.73 | 6 |
| 31.23 | 32.50 | | | | |
| 2 Scharmer, Alexandra | SO | Cougars | NT | 1:04.91 | 4 |
| 31.75 | 33.16 | | | | |
| 3 McCoy, Carmen | JR | Cougars | NT | 1:05.87 | 3 |
| 32.16 | 33.71 | | | | |
| 4 McCoy, Henna | FR | Cougars | NT | 1:07.21 | 2 |
| 32.12 | 35.09 | | | | |
| 5 Hall, Elisabeth | | Mustangs | NT | 1:16.74 | 1 |
| 36.99 | 39.75 | | | | |
| 6 Koerperich, Hannah | | Mustangs | NT | 1:17.11 | |
| 37.16 | 39.95 | | | | |

Event 21 Girls 100 Yard Breaststroke Junior Varsity

| Name | Year | School | Seed | Finals | Points |
|---------------------|-------|----------|------|---------|--------|
| 1 Kindig, Allison | JR | Cougars | NT | 1:26.34 | 6 |
| 40.06 | 46.28 | | | | |
| 2 Fransen, Holly | | Mustangs | NT | 1:28.89 | 4 |
| 42.77 | 46.12 | | | | |
| 3 Sickles, Sarah | SO | Cougars | NT | 1:29.31 | 3 |
| 42.52 | 46.79 | | | | |
| 4 Mitchell, Allison | | Mustangs | NT | 1:32.01 | 2 |
| 42.85 | 49.16 | | | | |
| 5 Berns, Kelsie | | Mustangs | NT | 1:40.04 | 1 |
| 46.50 | 53.54 | | | | |
| 6 Hansel, Arrien | JR | Cougars | NT | 1:40.68 | |

Event 22 Girls 100 Yard Breaststroke Varsity

| Name | Year | School | Seed | Finals | Points |
|--------------------|-------|----------|------|---------|--------|
| 1 Harris, Ashley | SR | Cougars | NT | 1:12.21 | 6 |
| 34.25 | 37.96 | | | | |
| 2 Slagel, Lauren | | Mustangs | NT | 1:16.07 | 4 |
| 35.81 | 40.26 | | | | |
| 3 Jacobsen, Amanda | FR | Cougars | NT | 1:16.55 | 3 |
| 36.16 | 40.39 | | | | |
| 4 Schill, Morgan | | Mustangs | NT | 1:19.19 | 2 |
| 37.59 | 41.60 | | | | |
| 5 Meade, Lindsay | JR | Cougars | NT | 1:19.71 | 1 |
| 38.40 | 41.31 | | | | |
| 6 Kalb, MaKenzie | | Mustangs | NT | 1:23.70 | |
| 40.69 | 43.01 | | | | |

Event 23 Girls 400 Yard Freestyle Relay Junior Varsity

| School | Seed | Finals | Points |
|----------------------------|--------------------------|---------------|---------------|
| 1 Cedar Rapids Kennedy 'A' | NT | 4:31.41 | 8 |
| 1) Brause, Amanda JR | 2) Harris, Maddy FR | | |
| 3) Snodgrass, Ada FR | 4) Schmeiser, Jessica FR | | |
| 31.74 1:05.06 | 31.09 1:06.96 | 35.74 1:15.51 | 30.34 1:03.88 |
| 2 Dubuque Heampstead 'A' | NT | 4:54.12 | 4 |
| 1) Weires, Natalie | 2) Glover, Kirsten | | |
| 3) Albrecht, Jordan | 4) Donovan, Alaina | | |
| 34.56 1:12.83 | 32.43 1:10.64 | 33.96 1:15.54 | 36.95 1:15.11 |
| 3 Cedar Rapids Kennedy 'B' | NT | 4:57.66 | 2 |
| 1) Kiley, Brittany JR | 2) Jacobs, Courtney FR | | |

| | | | | | | | |
|----------------------------|---------|-------|---------|-------------------------|---------|---------|---------|
| 3) Price, Ayla FR | | | | 4) Yirkovsky, Morgan SO | | | |
| 35.74 | 1:13.35 | 36.40 | 1:16.09 | 35.21 | 1:17.24 | 32.85 | 1:10.98 |
| 4 Dubuque Heampstead 'B' | | | | NT | | 5:12.92 | |
| 1) Beecher, Mary | | | | 2) Lessei, Savanna | | | |
| 3) Yager, Paige | | | | 4) Rome, Jackie | | | |
| 36.73 | 1:16.92 | 34.94 | 1:16.77 | 38.56 | 1:22.69 | 37.63 | 1:16.54 |
| 5 Dubuque Heampstead 'C' | | | | NT | | 5:24.62 | |
| 1) Treanor, Amanda | | | | 2) Hovind, Amanda | | | |
| 3) Millius, Heidi | | | | 4) Smith, Bethany | | | |
| 37.18 | 1:19.87 | 38.11 | 1:24.26 | 39.16 | 1:22.60 | 37.25 | 1:17.89 |
| 6 Cedar Rapids Kennedy 'C' | | | | NT | | 5:39.45 | |
| 1) Hansel, Arrien JR | | | | 2) Hauptmann, Bronte FR | | | |
| 3) Sheyko, Katherine FR | | | | 4) Graves, April FR | | | |
| 40.00 | 1:24.58 | 36.75 | 1:17.46 | 37.74 | 1:20.76 | 44.11 | 1:36.65 |

Event 24 Girls 400 Yard Freestyle Relay Varsity

| School | | | | Seed | | Finals | Points |
|----------------------------|---------|-------|---------|---------------------------|---------|---------|---------|
| 1 Cedar Rapids Kennedy 'A' | | | | NT | | 3:56.10 | 8 |
| 1) Ross, Valerie JR | | | | 2) Scharmer, Alexandra SO | | | |
| 3) McCoy, Carmen JR | | | | 4) VonAhsen, Kylee JR | | | |
| 28.61 | 1:00.61 | 28.74 | 1:00.24 | 27.57 | 57.81 | 26.91 | 57.44 |
| 2 Dubuque Heampstead 'A' | | | | NT | | 3:59.20 | 4 |
| 1) Slagel, Clare | | | | 2) Cram, Erin | | | |
| 3) Pape, Katie | | | | 4) Slagel, Lauren | | | |
| 28.18 | 58.22 | 29.29 | 1:01.74 | 28.49 | 1:00.75 | 27.55 | 58.49 |
| 3 Cedar Rapids Kennedy 'B' | | | | NT | | 4:07.36 | 2 |
| 1) Prouty, Brooke SR | | | | 2) Muir, Jordan SO | | | |
| 3) McCoy, Henna FR | | | | 4) Meade, Lindsay JR | | | |
| 29.26 | 1:02.20 | 29.50 | 1:00.93 | 29.19 | 1:02.10 | 30.05 | 1:02.13 |
| 4 Cedar Rapids Kennedy 'C' | | | | NT | | 4:23.58 | |

| | |
|-----------------------------|-----------------------------|
| 1) Altschwager, Deena SR | 2) Rathjens, Tanner FR |
| 3) Boomershine, Molly SR | 4) Taylor, Quinn FR |
| 32.40 1:07.30 29.71 1:03.20 | 32.35 1:06.52 31.78 1:06.56 |
| 5 Dubuque Heampstead 'B' | NT 4:26.67 |
| 1) Meyer, Mickey | 2) Herrig, Jill |
| 3) Hall, Elisabeth | 4) Kalb, MaKenzie |
| 31.87 1:06.98 30.50 1:06.43 | 30.59 1:06.56 32.40 1:06.70 |
| 6 Dubuque Heampstead 'C' | NT 4:41.92 |
| 1) Breithaupt, Natalie | 2) Hahn, Alyssa |
| 3) Yager, Erika | 4) Holmes, Brittany |
| 32.95 1:09.17 32.52 1:11.82 | 32.68 1:10.65 33.91 1:10.28 |

Combined Team Scores - Varsity - Through Event 24

| | | | |
|-------------------------|-----|-----------------------|----|
| 1. Cedar Rapids Kennedy | 124 | 2. Dubuque Heampstead | 62 |
|-------------------------|-----|-----------------------|----|

Combined Team Scores - Junior Varsity - Through Event 24

| | | | |
|-------------------------|----|-----------------------|----|
| 1. Cedar Rapids Kennedy | 90 | 2. Dubuque Heampstead | 80 |
|-------------------------|----|-----------------------|----|